



WEEK ONE

Monday 11/07

Beef Cottage Pie
Tossed Salad/Medley Of Vegetables
Roll and Dessert

Tuesday 11/08

15 Bean Soup/ Ham Salad
Mini Croissant/Broccoli Salad
Salad/Pickle/Cracker/Dessert

Wednesday 11/09

Pepper Steak/Sauteed Onions & Mushrooms
Fried Rice/Stir Fried Vegetables
Egg Roll/Dessert

Thursday 11/10

Turkey a la King
Yellow Rice/Seasonal Vegetable
Garden Salad/Dessert

Friday 11/11

Spaghetti with Meatballs
Caesar Salad and Garlic Toast
Dessert

WEEK TWO

Monday 11/14

Meatball Hot Pocket
Carrot Slaw/Dill Pickle
Cottage Cheese and Pineapple/Dessert

Tuesday 11/15

Baked Spinach Stuffed Tilapia
Rice/Vegetable Blend/Cucumber & Onion
Salad/Roll/Dessert

Wednesday 11/16

Chicken Pot Pie w/Cornbread Crust
Vegetable/Fruit Salad
Dessert

Thursday 11/17

Vegetable Lasagna
Antipasto Salad/Italian Vegetables
Garlic Bread and Dessert

Friday 11/18

Pot Roast with Potatoes and Vegetables
Garden Salad/Fruit
Roll/Dessert

WEEK THREE

Monday 11/21

Meatloaf/Mashed Potatoes/Gravy
Seasonal Vegetable
Fruit Salad/Biscuit/Dessert

Tuesday 11/22

Chicken Sandwich Topped with
Ham and Swiss Cheese/Fruit Salad
Sweet Potato Wedges/Pickle/Dessert

Wednesday 11/23

Polish Sausage Smothered in Onions
Pierogies w/Sour Cream
Buttered Noodles and Cabbage/Roll/Dessert

Thursday 11/24

Roasted Turkey w/Stuffing & Gravy
Sweet Potatoes and Green Bean Casserole
Bread and Pumpkin Pie

Friday 11/25

Stromboli Loaded with Ham
Pepperoni/Cheese/ Pasta Salad
Tossed Salad/Dessert

WEEK FOUR

Monday 11/28

Breaded Fish Sandwich
Lettuce & Tomato/Tartar Sauce
Loaded Potato Tots/Cole Slaw/Dessert

Tuesday 11/29

Chicken and Dumplings
Vegetable Medley/Fruit Salad
Dessert

Wednesday 11/30

Irish Beef Stew Loaded with Potatoes and
Vegetables/Fruit Salad
Biscuit and Dessert

Thursday 12/01

Roasted Pork Loin with Sauerkraut
Mashed Potatoes/Vegetable
Salad/Roll/Dessert

Friday 12/02

Salisbury Steak Topped with Onions and
Mushrooms/Oven Roasted Potatoes
Seasonal Vegetable/Biscuit/Dessert